



Walnut Ridge Primary School
P.O. Box 190, 625 Route 517, Vernon, NJ 07462
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www.vtsd.com

Rosemary Gebhardt
Principal
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Dear Parents/Guardians:

Enclosed are several forms from the Health Office. This information is needed to update your child's health record and to plan for his/her needs.

Please read the forms, supply the required information and return promptly.

Listed below are School Health Requirements. Please review and comply with these regulations.

1. Students who are not feeling well should **NOT** be sent to school. Parents will be notified if a child becomes ill at school. He/she will be sent home if he/she has an elevated temperature, if he/she may be exposing others to infection or if he/she feels so ill that he/she cannot participate in classroom activities. Parents are responsible to provide transportation for sick students when they are notified.
2. Parents/Guardians are requested to phone the school's attendance #973-764-2818 if your child will be absent from school. If we do not hear from you, we will contact you regarding the child's absence via a call from the automated alert system.
3. Any student returning from an absence must bring a note from a parent/guardian stating why he/she was not at school as per state requirement.
4. Students returning to school following a communicable illness, such as chicken pox, strep throat, and pink eye must be seen by the school nurse before returning to class.
5. If your child needs to take doctor-prescribed medications in school, the parent/guardian must bring the medication, written instructions and permission from the doctor. The medication must be in the original prescription bottle and labeled with the student's name and the name of the medication. **ALL MEDICATIONS MUST BE BROUGHT IN BY THE PARENT/GUARDIAN/RESPONSIBLE ADULT IN THE ORIGINAL PACKAGE WITH INSTRUCTIONS AND A DOCTOR'S NOTE.** Over-the-counter medications will be given **ONLY** for the duration recommended by the manufacturer. Parents will be contacted when limits are exceeded. **Cough drops are considered medication and are not to be sent in with students.**

All medications must be kept in the Health Office.

STUDENTS ARE NOT PERMITTED TO TRANSPORT MEDICATION TO AND FROM SCHOOL.
PARENT/GUARDIAN/RESPONSIBLE ADULT MUST DELIVER AND PICK UP ALL MEDICATIONS USED BY STUDENTS IN SCHOOL.

PHYSICAL EDUCATION EXCUSES:

To obtain an excuse from gym and recess we must:

Have a note from a parent for a one or two day excuse.

Have a Doctor's note for three or more days.

Students excused from gym will not be permitted to participate in recess. Repeated parental requests for gym excuses may require a doctor's note.

Thank you for your cooperation.

Kimberly Forrest
School Nurse