



Vernon

5K Run



1M Walk

May 5, 2019



Registration

Now Open

www.runsignup.com

Early registration \$25.00
Guaranteed Race T-shirt &
SWAG bag when registered
by April 17, 2019

Late Registration & Race Day
Registration \$30.00
Begins 4/29/19

MEET DARIUS MICHAEL

ZIABAKHSH

This year's Vernon 5K proceeds will benefit Darius Ziabakhsh and his family. Darius is currently in 6th grade at Glen Meadow Middle School in Vernon, NJ. Darius was born with a plethora of medical conditions and has had over 12 major surgeries, some life threatening, in his 12 years of life. Let us join together as a community and give back to Darius and his family!

Schedule

7:30am Packet Pick up
&
Race Day Registration
9:00am Run Start
9:15am Walk Start

Location

Maple Grange Park
36 Maple Grange Road
Vernon, NJ



For additional information contact the Vernon PAL at 973-764-9514 or visit www.vernonpal.com

