



# Girls on the Run Is Coming to Rolling Hills!! September-November 2019



*Girls on the Run is a positive youth development program for girls in 3<sup>rd</sup> through 5<sup>th</sup> grade. Through interactive activities, the program focuses on building self esteem and improving emotional and physical health.*

***Set the goal of a 5K and reach it!***

**Make  
Friends!**

**Team Meets**

**Have fun!  
Learn!  
Grow!**

**Monday and Wednesday  
After School 3:45-5:15**

*Girls on the Run changes the lives of the young girls in the program. Join the fun!*

***For more information : [www.gotrnrnjn.org](http://www.gotrnrnjn.org)***

***Registration Opens on July 1st***

***Questions: e-mail [info@gotrnrnjn.org](mailto:info@gotrnrnjn.org)***

***\$175 for Program and 5K Entry***