



## Family Support's Respite Programs

- SCARC's respite programs are designed for families residing in Sussex County and their loved one who has an intellectual/developmental disability. Families receive respite services each month allowing the parent's time to relax away from the daily demands of caring for their family member. During this time a fully trained SCARC Direct Support Professional attends to the needs of the individual.
- Accessing the program:
  - Individual served must have a diagnosis of an intellectual/developmental disability.
  - Eligible for funding through Department Of Children and Families (DCF) or private donations (on a case by case basis).
- Respite Programs :
  - In-Home respite- The family receives 20 hours of respite per month. Hours and days are determined by the families' need.
  - Just Us Kids- a socialization program for children ages 5-15, offered 3 Saturdays a month, 10am-3pm. Staff support the children in activities with their peers both center based and in the community.
  - Teen Scene- a socialization program for teens ages 15-21, offered 3 Saturdays a month, 5:30p-9:30pm. Staff support the teens in activities both center and community based.
  - Self-Hired Respite- The family hires a caregiver of their choice and are reimbursed monthly for the respite care costs.
- Special needs can be accommodated ie: diet, medication administration, behavioral supports, self-care needs.

Please contact Daele Phlegar, Senior Coordinator Family Support Services at 973-383-7448 ext. 254 or email [dphlegar@scarc.org](mailto:dphlegar@scarc.org) for more information.



## Under 21 Options

### DCF Approved Services

**Agency Hired Respite**—trained staff provide social and recreational experiences for children in and out of the home. Families can utilize 60 hours of respite within a ninety day period.

**Self-Hired Respite**—Families hire their own caregivers and schedule hours at their own discretion. Up to sixty hours of care can be utilized within a ninety day period.

**Agency Weekend Respite**—provides social and recreational experiences for children outside of their homes.

- **Just Us Kids** – Serving children from 5 to 15, this program takes place in Sparta three Saturdays per month from 10am to 3pm.
- **Teen Scene** – Serving youth ages 15 to 21; this program takes place on three Saturdays per month from 5:30pm to 9:30pm. Provided in two locations (Sparta and Hampton).



*Services for children under the age of 21 are primarily funded by the Department of Children and Families (DCF) through PerformCare New Jersey. For more information about eligibility and applying*

*for services through PerformCare, please visit our website or call SCARC at 973-383-7442.*

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**11 US Route 206, Ste 100, Augusta, NJ 07822**

Families of children who are not DCF eligible may pay out of pocket to have their children participate in these programs until the age of 21, or until high school graduation if it falls after that birthday. Private pay rate is \$25 per hour.

*Please note: A limited amount of private funding for respite (In home, self-hire, weekend) may be available to families while applying for services or for children who are not eligible for services through DCF. Please contact SCARC for more information.*

### Summer Program

**Summer Experience**—Three two-week summer program sessions are available June through August for teens and young adults ages 15 to 21. Each session includes community-based activities that support socialization, skill building, and provide educational opportunities. This program is fully funded by private foundations.



### General Information

For more information about all of the services that SCARC provides to children under 21 and their families, please visit the "Under 21" section of our website or call our office.



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