

## Family Time BINGO

Enjoy all of the activities below with your **high school** aged children, mark off what was done. For each box checked off you will receive one entry. Send a copy over by Friday January 8<sup>th</sup> to [lisa@centerforprevention.org](mailto:lisa@centerforprevention.org) for a chance to win a Dunkin Donuts gift card. For more entries send over pictures of you and your family enjoying the activities for the Vernon Coalition to share on social media.

<b>Take a hike</b>	<b>Check your child's school work with them</b>	<b>Make a new recipe</b>	<b>Yoga together</b>	<b>Family Movie night</b>
<b>Plan a trip</b>	<b>Make breakfast together</b>	<b>Work on a 500+ piece puzzle</b>	<b>Eat dinner without screens for 7 nights</b>	<b>Go for a car ride to see the lights</b>
<b>Have afternoon tea</b>	<b>Donate to a food pantry</b>	<b>Bingo</b>	<b>Exchange gifts</b>	<b>See the Sunrise together</b>
<b>Visit a historic site</b>	<b>Attend a coalition event</b>	<b>Write something nice about each member of the family and share it at dinner</b>	<b>Attend a virtual program/class/concert</b>	<b>Have a themed dinner</b>
<b>Eat dessert for dinner</b>	<b>Have a formal dinner</b>	<b>S'mores! By a fire or in the oven</b>	<b>Have a zoom with a loved one</b>	<b>Have a game night</b>

