

Family Time BINGO

Enjoy all of the activities below with your **upper elementary and middle school** aged children, mark off what was done. For each box checked off you will receive one entry. Send a copy over by Friday January 8th to lisa@centerforprevention.org for a chance to win a Dunkin Donuts gift card. For more entries send over pictures of you and your family enjoying the activities for the Vernon Coalition to share on social media.

Cook together	Attend a virtual program/class/concert	Go for a walk	Family Movie Night	Go for a night hike with head lamps
Learn a new skill	S'mores! By a fire or in the oven	Have a paint or craft night	Attend a virtual program/class/concert	Donate to a food pantry
Write to a friend or family member	Visit a foreign country through food	Bingo	Make breakfast together	Go for a car ride to see the lights
Play Karaoke, Wii Fit, or Just Dance	Donate to the animal shelter	Find a new recipe and make it	Have a zoom with a loved one	Attend a coalition event
Have afternoon tea	Work on a puzzle	Have a game night	Eat dessert for dinner	Have a book reading night

