



Rosemary Gebhardt, Principal  
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“Empowering our Children to be Safe, Strong, and Free”

November 22, 2021

Dear Parents/Guardians:

During the weeks of January 3 (kindergarten) and January 10, 2022 (first-grade), children at Cedar Mountain Primary School will be participating in the Child Assault Prevention (CAP) Program.

The CAP Program aims to prevent child assault by teaching children to recognize and deal with potentially dangerous situations and by training teachers and parents/guardians to help prevent the victimization of children; their slogan “Empowering our Children to be Safe, Strong, and Free”. The program has two components: a parent/guardian program and individual classroom workshops for children. You can read more about this organization at njcap.org. As part of the Vernon community, we invite you to attend the CAP Parent/Guardian Program.

***Our parent/guardian program will be held Monday, December 13, 2021, at 6:30 p.m., VIA ZOOM MEETING. A link will be emailed via School Messenger and will be on the CM blog. This program is for parents only.*** The parent/guardian program includes information on child sexual assault, identification of child assault victims, reporting of abuse, and crisis counseling skills. There will also be a detailed description of the children’s workshop.

The children’s classroom workshop combines guided group discussion with a series of role-plays focusing on situations children may sometime encounter a child-to-child assault, adult stranger-to-child assault and an assault involving an adult known to the child. Discussion helps children identify what options they have to protect themselves. The developmentally appropriate strategies focused on are self-assertion, peer support, and telling a trusted adult.

The success of the CAP Project depends on the support of the school community. Since we encourage children to share their experiences and concerns with adults, it is important for parents/guardians and school staff to be willing and able to respond to these concerns. As parents/guardians who are concerned about the safety of your children, we hope you will allow your child to participate and that you will join with us in supporting this program.

Sincerely,

*Rosemary Gebhardt*

Rosemary Gebhardt  
Principal

**Please return this slip to your child’s teacher before Wednesday, December 22, 2021.**

Check one:

I **DO**  I **DO NOT**  want my child, \_\_\_\_\_,

to participate in the Child Assault Prevention Project workshop at Cedar Mountain Primary school.

My child’s teacher is \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

***NOTE: Since it is of utmost importance that you are aware of the CAP Program and its philosophies, if this notice is not returned by January 3 (K) or January 10, 2022 (1<sup>st</sup>), your child will be excluded from this program.***