

## **Athlete Registration Information**

All students who participate in sports must provide a NJ Department of Education Sports Physical prior to participation. The school nurse will determine if the student has submitted all necessary medical documents and information prior to participation in any sport.

**Students New to Athletics:** Please complete the online registration for your activity on our Athletics - Registration tab [HERE](#). You will need to create a new family online account with your login and password if you are the first member of your family to participate in a school sport. You will use this account for all sports in upcoming years, for all siblings in your family.

**Returning Athletes:** Please complete the online registration for your activity on our Athletics - Registration tab [HERE](#) using your existing family login information.

Please deliver a paper copy of your NJ Department of Education Sports Physical (DO NOT UPLOAD) to our school nurse, Ms. Ash. In order for your NJ DOE Sports Physical to be valid, your exam ***must have been performed within 365 days of the first day of practice / try-outs***. If your NJ DOE physical took place more than **90 days** before the first practice, we need "NJ DOE Health History Update Questionnaire". [HERE](#)

Final clearance by the school nurse must be approved in order to play. Reasons that you will not be cleared to participate in try-outs, practice or games include:

- ❖ If your NJ DOE Sports Physical took place more than 90 days before the first practice, we need "NJ DOE Health History Update Questionnaire" [HERE](#)
- ❖ Online family registration not created
- ❖ Paper copy of NJ DOE Sports Physical not received by our school nurse
- ❖ Incomplete NJ sports physical paperwork (missing signatures, etc.)
- ❖ Date of last physical exam is more than 365 days prior to the first practice
- ❖ Incomplete immunization status
- ❖ Missing doctor's orders, such as
  - Asthma Action Plan signed by your doctor if you use an inhaler
  - Allergy Emergency Action Plan signed by your doctor if you are prescribed an Epi-Pen

Glen Meadow Middle School offers interscholastic and intramural sports during the school year.

Our interscholastic sports include field hockey, girls and boys basketball, girls and boys wrestling and track and field. This involves competition between our students and students in other towns.

Our intramural sports include volleyball, cross-county and golf. This involves competition between the students at Glen Meadow Middle School.

All activities take place after school.

\*\*\*Required NJ DOE Sports Physical [HERE](#) should be hand delivered to the nurse or the main office; you can email it to Ms. Ash at [sash@vtsd.com](mailto:sash@vtsd.com) or your doctor can fax it to Ms. Ash at 973-764-0851.\*\*\*