



Russell Rogers
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Dear Vernon Parents and Students,

As the calendar year comes to an end our collective goal is to continue to provide safe, quality, in-person instruction, and activities. Students and teachers should be in school, where teaching and learning occur best.

As we enter the flu season practicing the following Covid/Flu practices and protocols should help us look forward to a healthy and happy start to the new year.

Covid/Flu Practices and Protocols:

- Practice universal precautions such as [handwashing](#) and covering during [coughs and sneezes](#).
- Stay home when you are sick.
- Testing is recommended for people with [symptoms of COVID-19](#) as soon as possible after symptoms begin.
- If Covid-positive, you are required to isolate for five days after symptoms started, or if no symptoms, from the test date.
- You may end isolation after day five if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- After returning from isolation – students and staff who return to school during days 6-10 of isolation should mask.
- Students may choose to wear a mask as a prevention measure.

If you have questions about these Covid/Flu practices and protocols, please feel free to contact your school nurse. As a community, we know more about the spread of the virus and the importance of having students in school with their exceptional teachers and peers. We look forward to a safe and productive new year.

Sincerely,

Russell Rogers
Acting Superintendent of Schools